

# HOW TO PRAY THE ROSARY

## STEP-BY-STEP GUIDE

### 1. MAKE THE SIGN OF THE CROSS

HOLD THE CRUCIFIX AND PRAY:

*“IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY SPIRIT. AMEN.”*

### 2. INTRODUCTORY PRAYERS

- ON THE CRUCIFIX: PRAY THE APOSTLES' CREED
- ON THE FIRST BEAD: PRAY 1 OUR FATHER
- ON THE NEXT 3 SMALL BEADS: PRAY 3 HAIL MARYS (FOR FAITH, HOPE, AND CHARITY)
- ON THE NEXT BEAD: PRAY THE GLORY BE

### 3. THE FIVE DECADES

FOR EACH DECADE (REPEAT 5 TIMES): \*A DECADE IS 10 BEADS

1. ANNOUNCE THE MYSTERY OF THE DAY.
2. PRAY 1 OUR FATHER (ON THE LARGE BEAD).
3. PRAY 10 HAIL MARYS (ONE ON EACH SMALL BEAD) WHILE MEDITATING ON THE MYSTERY.
4. PRAY THE GLORY BE.
5. PRAY THE FATIMA PRAYER: *O MY JESUS, FORGIVE US OUR SINS, SAVE US FROM THE FIRES OF HELL, LEAD ALL SOULS TO HEAVEN, ESPECIALLY THOSE WHO HAVE MOST NEED OF THY MERCY.*

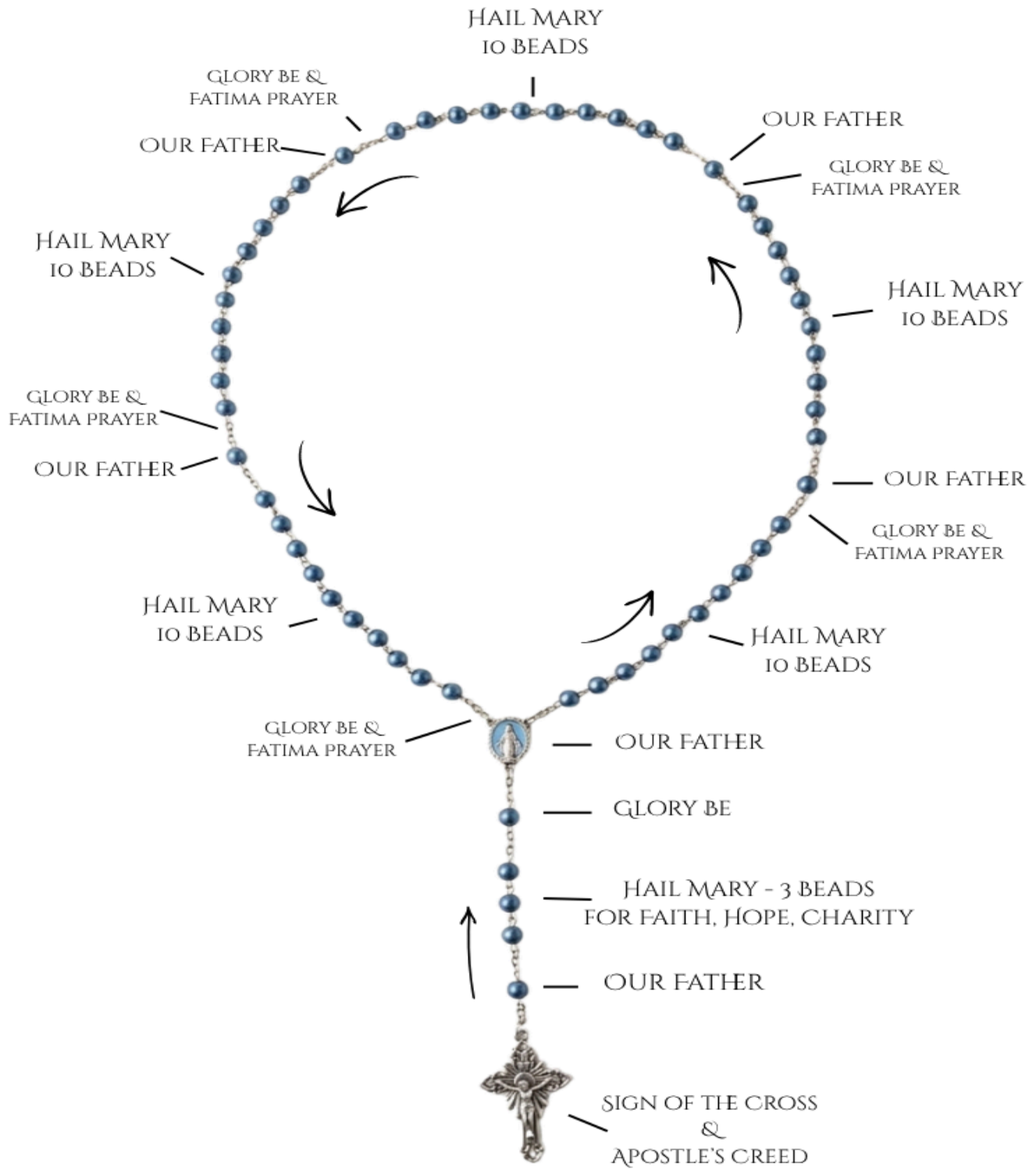
### 4. CONCLUDING PRAYERS

AFTER THE FIFTH DECADE:

- PRAY THE HAIL HOLY QUEEN
- PRAY THE LET US PRAY
- END WITH THE SIGN OF THE CROSS

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# THE MYSTERIES OF THE ROSARY

## ***QUICK DAILY SCHEDULE:***

MONDAY & SATURDAY → JOYFUL MYSTERIES  
TUESDAY & FRIDAY → SORROWFUL MYSTERIES  
WEDNESDAY & SUNDAY → GLORIOUS MYSTERIES  
THURSDAY → LUMINOUS MYSTERIES

## THE MYSTERIES OF THE ROSARY

WITH BIBLE VERSES AND FRUITS

### **JOYFUL MYSTERIES** (*MONDAY & SATURDAY*)

#### **1. THE ANNUNCIATION**

BIBLE: LUKE 1:26-38

FRUIT: HUMILITY

#### **2. THE VISITATION**

BIBLE: LUKE 1:39-56

FRUIT: CHARITY (LOVE OF NEIGHBOR)

#### **3. THE NATIVITY**

BIBLE: LUKE 2:1-20

FRUIT: POVERTY OF SPIRIT / DETACHMENT

#### **4. THE PRESENTATION IN THE TEMPLE**

BIBLE: LUKE 2:22-39

FRUIT: OBEDIENCE / PURITY OF HEART

#### **5. THE FINDING OF JESUS IN THE TEMPLE**

BIBLE: LUKE 2:41-52

FRUIT: JOY OF FINDING JESUS / WISDOM

## **LUMINOUS MYSTERIES** (THURSDAY)

### **1. THE BAPTISM OF JESUS**

BIBLE: MATTHEW 3:13-17

FRUIT: OPENNESS TO THE HOLY SPIRIT

### **2. THE WEDDING AT CANA**

BIBLE: JOHN 2:1-11

FRUIT: TRUST IN MARY'S INTERCESSION

### **3. THE PROCLAMATION OF THE KINGDOM**

BIBLE: MARK 1:14-15

FRUIT: CONVERSION / REPENTANCE

### **4. THE TRANSFIGURATION**

BIBLE: MATTHEW 17:1-9

FRUIT: SPIRITUAL COURAGE / DESIRE FOR HEAVENLY GLORY

### **5. THE INSTITUTION OF THE EUCHARIST**

BIBLE: MATTHEW 26:26-29

FRUIT: LOVE OF THE EUCHARIST / ADORATION

## **SORROWFUL MYSTERIES** (TUESDAY & FRIDAY)

### **1. THE AGONY IN THE GARDEN**

BIBLE: MATTHEW 26:36-46

FRUIT: SORROW FOR SIN / TRUST IN GOD'S WILL

### **2. THE SCOURGING AT THE PILLAR**

BIBLE: MATTHEW 27:26; JOHN 19:1

FRUIT: PURITY / MORTIFICATION

### **3. THE CROWNING WITH THORNS**

BIBLE: MATTHEW 27:27-31; JOHN 19:2-5

FRUIT: MORAL COURAGE / PATIENCE IN SUFFERING

### **4. THE CARRYING OF THE CROSS**

BIBLE: JOHN 19:16-17

FRUIT: PATIENCE / CARRYING ONE'S CROSS

### **5. THE CRUCIFIXION**

BIBLE: JOHN 19:18-30

FRUIT: FORGIVENESS / LOVE OF GOD / SALVATION OF SOULS

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## **GLORIOUS MYSTERIES** *(WEDNESDAY & SUNDAY)*

### **1. THE RESURRECTION**

BIBLE: MATTHEW 28:1-10

FRUIT: FAITH / JOY / HOPE

### **2. THE ASCENSION**

BIBLE: ACTS 1:6-11

FRUIT: HOPE OF HEAVEN

### **3. THE DESCENT OF THE HOLY SPIRIT**

BIBLE: ACTS 2:1-11

FRUIT: ZEAL / APOSTOLIC ZEAL

### **4. THE ASSUMPTION OF MARY**

BIBLE: REVELATION 12:1 (AND TRADITION)

FRUIT: GRACE OF A HAPPY DEATH / DEVOTION TO MARY

### **5. THE CORONATION OF MARY**

BIBLE: REVELATION 12:1

FRUIT: PERSEVERANCE / TRUST IN MARY'S INTERCESSION

# PRAYERS OF THE ROSARY

## **APOSTLES' CREED**

*(PRAYED WHILE HOLDING THE CRUCIFIX)*

I BELIEVE IN GOD, THE FATHER ALMIGHTY, CREATOR OF HEAVEN AND EARTH;  
AND IN JESUS CHRIST, HIS ONLY SON, OUR LORD;  
WHO WAS CONCEIVED BY THE HOLY SPIRIT, BORN OF THE VIRGIN MARY,  
SUFFERED UNDER PONTIUS PILATE, WAS CRUCIFIED, DIED, AND WAS BURIED.  
HE DESCENDED INTO HELL; ON THE THIRD DAY HE ROSE AGAIN FROM THE DEAD;  
HE ASCENDED INTO HEAVEN, AND IS SEATED AT THE RIGHT HAND OF GOD THE FATHER ALMIGHTY;  
FROM THERE HE WILL COME TO JUDGE THE LIVING AND THE DEAD.  
I BELIEVE IN THE HOLY SPIRIT, THE HOLY CATHOLIC CHURCH, THE COMMUNION OF SAINTS, THE  
FORGIVENESS OF SINS, THE RESURRECTION OF THE BODY, AND LIFE EVERLASTING. AMEN.

## **OUR FATHER**

*(PRAYED ON THE FIRST BEAD, CENTERPIECE/CENTER MEDAL, AND EACH BEAD BETWEEN DECADES)*

OUR FATHER, WHO ART IN HEAVEN, HALLOWED BE THY NAME;  
THY KINGDOM COME; THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN.  
GIVE US THIS DAY OUR DAILY BREAD; AND FORGIVE US OUR TRESPASSES  
AS WE FORGIVE THOSE WHO TRESPASS AGAINST US; AND LEAD US NOT INTO TEMPTATION,  
BUT DELIVER US FROM EVIL. AMEN.

## **HAIL MARY**

*(ON THE NEXT 3 SMALL BEADS - PRAY THIS 3 TIMES – FOR FAITH, HOPE, AND CHARITY & 10 BEADS OF EACH DECADE)*

HAIL MARY, FULL OF GRACE, THE LORD IS WITH THEE.  
BLESSED ART THOU AMONG WOMEN, AND BLESSED IS THE FRUIT OF THY WOMB, JESUS.  
HOLY MARY, MOTHER OF GOD, PRAY FOR US SINNERS,  
NOW AND AT THE HOUR OF OUR DEATH. AMEN.

## **GLORY BE & FATIMA PRAYER**

*(PRAYED ON THE CHAIN AFTER THE HAIL MARY AND BEFORE THE OUR FATHER BEAD)*

GLORY BE TO THE FATHER, AND TO THE SON, AND TO THE HOLY SPIRIT. AS IT WAS IN THE  
BEGINNING, IS NOW, AND EVER SHALL BE, WORLD WITHOUT END. AMEN.

OH MY JESUS FORGIVE US OUR SINS, SAVE US FROM THE FIRES OF HELL, LEAD ALL SOULS TO HEAVEN  
ESPECIALLY THOSE IN MOST NEED OF THY MERCY.

# CONCLUDING PRAYERS

## HAIL HOLY QUEEN

HAIL, HOLY QUEEN, MOTHER OF MERCY, OUR LIFE, OUR SWEETNESS, AND OUR HOPE.  
TO THEE DO WE CRY, POOR BANISHED CHILDREN OF EVE.  
TO THEE DO WE SEND UP OUR SIGHS, MOURNING AND WEEPING IN THIS VALLEY OF TEARS.  
TURN THEN, MOST GRACIOUS ADVOCATE, THINE EYES OF MERCY TOWARD US,  
AND AFTER THIS OUR EXILE, SHOW UNTO US THE BLESSED FRUIT OF THY WOMB, JESUS.  
O CLEMENT, O LOVING, O SWEET VIRGIN MARY.  
PRAY FOR US, O HOLY MOTHER OF GOD, THAT WE MAY BE MADE WORTHY OF THE PROMISES OF  
CHRIST. AMEN.

**LET US PRAY** OH GOD, WHO'S ONLY BEGOTTEN SON BY HIS LIFE, DEATH AND RESURRECTION HAS  
PURCHASED FOR US THE REWARDS OF ETERNAL LIFE. GRANT, WE BESEECH THEE, THAT WHILE  
MEDITATING ON THE MYSTERIES OF THE MOST HOLY ROSARY OF THE BLESSED VIRGIN MARY WE  
MAY IMITATE WHAT THEY CONTAIN AND OBTAIN WHAT THEY PROMISE THROUGH THE SAME  
CHRIST OUR LORD. AMEN

## ST. MICHAEL THE ARCHANGEL PRAYER *(optional)*

ST. MICHAEL THE ARCHANGEL DEFEND US IN BATTLE. BE OUR PROTECTION AGAINST THE  
WICKEDNESS AND SNARES OF THE DEVIL. MAY GOD REBUKE HIM, WE HUMBLY PRAY. AND DO THOU,  
OH PRINCE OF THE HEAVENLY HOST, BY THE POWER OF GOD. CAST INTO HELL SATAN AND ALL THE  
EVIL SPIRITS WHO PROWL ABOUT THE WORLD SEEKING THE RUIN OF SOULS. AMEN.

## FINAL SIGN OF THE CROSS

IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY SPIRIT. AMEN.